## 2020-2021 TTC Catalog

## **CUL 186 Mediterranean Cuisine**

Lec: 2.0 Lab: 3.0 Credit: 3.0

This course is the study of the cuisine of the Mediterranean and the Mediterranean Dietary Pyramid, including Spain, France, Italy, Middle East and North Africa. Emphasis is on the culture, cooking methods, food products and beverages of the various countries.

Prerequisite CUL 118 Course Offered Fall Grade Type Letter Grade Division Culinary Institute of Charleston